



# ASHBROOK

## APARTMENTS



*The Ashbrook News*

**SUMMER 2026**



**Ashbrook Apartments**

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# Welcome to The Ashbrook!

# Christmas Cheer

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## CHRISTMAS MANAGEMENT DRINKS

Ashbrook Management wish all Residents & their families a very safe & Happy Christmas!



### THANK YOU!

Thanks again to those of you who have added to this seasons bumper edition! We welcome more tales on the theme "Remember when..." from any time in your life that is memorable to you in that time. We've all lead exciting, interesting lives, – please **share as much or as little as you want**

with us, as we would love to hear all about it! Send us tricks you have played on people and tricks they played on you. Destinations you've been to, places & events that hang in your memory from childhood, etc....

**Got an idea? Come and see us in the sales suite.**



### HAVE YOU GOT A PHOTOGRAPH WORTHY OF THE FRONT COVER?

Please pop into the sales suite or email your photo to [sales@theashbrook.com.au](mailto:sales@theashbrook.com.au)

### CAN YOU HELP US?

This is your newsletter and we welcome articles and reports on social events. **We are looking for a team to meet once a quarter and dedicate some time to share the load and**

**assist with the compiling of our quarterly Newsletters.** If you are interested or would like more information, please visit Carolyn in the Sales Suite (Monday to Wednesday). A little help will go a long way!

**Big THANK YOU to those who have kindly contributed to this edition! Without you there would not be a newsletter.**



# GRAND PIANO MUSIC RECITAL



Talented pianist Joshua Rossetto performed classical music for Ashbrook Residents. Joshua started playing the piano at the age of ten at Woodend Primary School. He made his

musical debut at the Adelaide Festival Centre, supported by his teacher at Woodcroft College. Since then, he has played at many events, including

weddings, retirement villages and other venues.

In 2023 he played at the Fleurieu Peninsula Music Festival.

Joshua has succeeded in various Adelaide Eisteddfod Piano Competitions.

Joshua embarked on a music tour to the USA with the Woodcroft College Concert band visiting New York City, and Los Angeles to give performances.

Joshua is in year 12 and aspires to be a concert pianist in the future. The conservatory at Adelaide University is likely his next step.

*Joshua was introduced to The Ashbrook by Residents Anne Prestwood and Rose Miller who had previously attended one of Joshua's concerts.*



## RAISING THE FLAG CEREMONY

Several Residents joined local MP Jayne Stinson, for the raising of a new flag, kindly donated by Jayne.

Josh, Ashbrook Maintenance Manager, was on hand to make sure operations ran smoothly!



# REMEMBRANCE DAY



## REMEMBRANCE DAY AT ASHBROOK APARTMENTS

Remembrance Day, the 11<sup>th</sup> day of the 11<sup>th</sup> month, a day of national commemoration when Australians pause at 11 am for a minute's silence to remember the bravery and sacrifice of the people who died or suffered in wars, conflicts and peacekeeping operations while serving Australia and its allies.

The red poppy is the symbol of Remembrance Day. It was inspired by the poem "In Flanders Fields" written by a Canadian doctor in 1915, who was moved by the sight of poppies blooming on the devastated battlefields of northern France and Belgium after World War 1.

The red poppy symbolises remembrance of all those who have sacrificed their lives in service, as well as hope for a peaceful future. It was adopted as the emblem of remembrance in the early 1920's, with organisations like the RSL in Australia first selling poppies in 1921 to raise funds for veterans.

Other coloured poppies were later introduced: the white poppy for peace and remembers all victims of war, including civilians, the purple poppy commemorates the animals that served in wartime and the black poppy, primarily seen in the UK for the contributions of African,

*They shall not grow old, as we that are left grow old;*

*Age shall not weary them, nor the years condemn*

*At the going down of the sun and in the morning*

*We will remember them.*

Caribbean, Pacific Islander and indigenous communities in war.

Since World War 1 Australians have been called on numerous times to serve in wars, conflicts and peace and humanitarian operations. Almost 2 million people have worn the uniforms of the Royal Australian Navy, Australian Army and Royal Australian Air Force. Tragically, over 103,000 names are listed on the Roll of Honour at the Australian War Memorial. Those listed were members of the Australian armed forces who died during their service or afterwards from war service in World War I, World War II and post-1945 conflicts, war-like service and certain peace operations.

Remembrance Day was originally called Armistice Day and was observed for the first time in 1919 on 11<sup>th</sup> November at 11 am with two minutes silence for those who died or suffered.

After World War II the day was renamed Remembrance Day to commemorate and remember those who were killed in both wars. We now remember the loss of lives in all wars and conflicts on this special day.

Women have served as nurses with Australian troops since the Boer War. During World War I they served in various roles including on hospital ships off the coast of Gallipoli and in hospitals in France. In the Second World War nurses served in overseas hospitals and on the front lines in areas like Papua New Guinea. Post WWII the Royal Australian Army Nursing Corps (RAANC) was officially formed in 1951; a union of the Royal Australian Nursing Service (RAANS) and the Australian Army Medical Women's Service. The RAANC has provided nursing support in numerous conflicts and peace operations, including Vietnam, the Gulf War, East Timor and Afghanistan. The first male nursing officers entered the service in the 1970s.



### REMEMBRANCE DAY SERVICE

Led by: Jan Hosking,  
Ray Nicholson,  
Jocelyn Nicholson,  
Rose Miller,  
Sandra Elliott,  
Helen Clutterham &  
Reg Perkins





# Race Day

## MELBOURNE CUP LUNCH - 2025

Once again, the Social Club coordinated a great afternoon for all in attendance to enjoy the running of the 165<sup>th</sup> Melbourne Cup.

Champagne was flowing and sweeps plentiful for eager "once a year" punters.

An impressive buffet lunch, prepared and served by Ashbrook Chef, Zac and his assistant on the day (see page 2 contents for pic), was abundant with a selection of delicious salads, gourmet cold meats and mouthwatering desserts.

By all accounts no one went home hungry!



Congratulations to **Janette Cummings** & **Ian Purdey** who received "best dressed" honours on the day.



# Ashbrook Activity

## SOCIAL CLUB ACTION

Fridays **Happy Hour** every Friday night in the Sports Bar. Family welcome.

Sep 14 **Grand Piano Music Recital** performed by Joshua Rossetto. See page 4.

Sep 28 **Walk Right Back** performed for residents, bringing their repertoire of Everley Brothers, the Bee Gees, Neil Diamond and Buddy Holly.

Oct 26 **Spirit of Swing** played in the Sports Bar. One of their usual players was not available so instead they brought Adelaide's version of Louis Armstrong who entertained all with his gravelly voice singing some of Louis' best – known songs. His version of "What a wonderful world" ... just fantastic.

Nov 4 **Melbourne Cup Lunch** Celebrated in Style, the competition for best dressed hotly contested. See pages 8 & 9.

Nov 9 **Chicago Jazz pianist** Tim Barton entertained with a variety of music including classical, well known jazz tunes, blues and boogie and some of his own compositions. Tim spends his time between Adelaide and Chicago, making sure he is here every year for the Fringe.

Nov 17 **BBQ Lunch** in the conservatory

Nov 28 **Lighting of the Christmas Tree followed by Management Christmas Dinner** Gayle Clarke lit the Christmas Tree which she and Janette Cummings had decorated. A very enjoyable evening with the Management Christmas Dinner following in the Dining Room. Nearly 50 people attended and enjoyed an excellent dinner provided by Ashbrook Chef, Zac.

Dec 7 **Christmas Concert & Music Quiz** Simon Smith, a talented pianist and Fringe Performer, provided an afternoon of movie tunes on the piano. He played several well-known tunes and followed them with a quiz. Residents had to choose the name of the movie from which he played a small selection, and then those tunes became the rest of the program. He was a very entertaining performer, interacting with the audience and providing many laughs.

Dec 10 **Management Christmas Drinks & BBQ** – Festive season celebrations held in the Conservatory & Sky Garden. Compliments of Ashbrook Management. Photos page 3.



# Properties for sale

## APARTMENT 4.49

**EXECUTIVE ACCOMMODATION – AFFORDABLY YOURS!  
CITY FRINGE LOCATION PACKED WITH LIFESTYLE APPEAL**

**Top floor location –  
2 bedrooms & 2 bathrooms.**

Open plan dining/living transitions effortlessly through sliding glass doors to your private balcony of most generous proportions complete with café blinds.

Both bedrooms feature built in robes, the spacious master with ensuite.

A modern kitchen with stone bench tops and ample storage, has been fitted with all new cooking appliances, and dishwasher.

Rarely found in apartment living is a separate laundry with additional storage.

The apartment features ducted heating and cooling to provide all year-round comfort – new flooring throughout, hybrid to living and carpet to bedrooms.

Safe & secure undercroft car park included.

To book a no obligation tour with Carolyn, please call 0477 870 071 today. You will not be disappointed.





## PLUS ONE

Add the same letter to all the words on a horizontal line, to make new words. Adding an **S** to make a plural word is not allowed. Write the letter you have

	STEM	BOUND	REPLY	GRIN
	PITH	SALE	REAP	RUSHED
	TOUGH	FURY	BONE	EGRET
	FILED	WING	OVID	BARN
	MALE	EARS	CLASS	SEEDY
	SALON	LIMB	DOUR	CURT
	FOUR	EARN	BANK	MODE
	TRADE	DEAL	BASS	MOST
	COMIC	HIS	HARP	REIGN

chosen in the space on the far left of the line and, if you have made the correct choice, the letters reading downwards will spell the name of a historic landmark.

## Quiz Page

### TRIVIA QUIZ

**1.** What is the last letter of the Greek alphabet? **2.** How many days does the moon take to orbit the earth? **3.** Which sport is associated with the words cover, gully, point and long on? **4.** Which city does the River Lagan flow through? **5.** Which is the only even positive prime number? **6.** How many points is the green ball worth in snooker? **7.** If you suffer from somniloquy, what happens? **8.** Which country has the largest football stadium in the world? **9.** What did Joseph Priestley discover in 1774? **10.** How many consonants are there in the English alphabet? **11.** Sculptor Frederic Auguste Barthold based the face of the Statue of Liberty on whom? **12.** What is the only country in the world that begins with the letter O?

## Social Calendar



### ASHBROOK APARTMENTS SOCIAL CALENDAR DECEMBER 2025

<b>SUN, DEC 7</b>	3.00pm	<b>Simon Smith – Pianist</b>	Dining Room
<b>WED, DEC 10</b>	5.00pm	<b>Christmas Drinks</b>	Sports Bar
<b>FRI, DEC 12</b>	5pm-6.30pm	<b>Happy Hour &amp; Raffle</b>	Sports Bar
<b>MON, DEC 15</b>	Lunch	<b>Warradale Hotel</b>	
<b>THU, DEC 18</b>	Lunch	<b>Bus trip – Kondaparinga Homestead</b>	
<b>FRI, DEC 19</b>	5pm-6.30pm	<b>Happy Hour &amp; Raffle</b>	Sports Bar
<b>SAT, DEC 20</b>	3pm-4pm	<b>Joshua Rossetto – Return Performance</b>	Dining Room
<b>WED, DEC 31</b>	Dinner	<b>New Years Eve</b>	Conservatory

### REGULAR WEEKLY ACTIVITIES

DAY	TIME	ACTIVITY	LOCATION
MONDAY	10:00am	<b>Keep Fit</b>	Rec Room
	2:00pm	<b>Bingo</b> (last Monday of the Month)	Dining Room
	2:00pm	<b>Darts</b>	Sports Bar
	4:00pm	<b>Book and Film Club</b> (second Monday of the Month)	Dining Room
	4:00pm	<b>Billiards/Snooker &amp; Men's chat</b>	Sports Bar
TUESDAY	7:00pm	<b>Bridge</b>	Dining Room
	10:30am	<b>Coffee &amp; Chat – All welcome!</b>	Sports Bar
	12:30pm	<b>Board Games/Cards</b>	Dining Room
	2:00pm	<b>Mahjong</b>	Dining Room
WEDNESDAY	4:00pm	<b>Billiards/Snooker &amp; Men's chat</b>	Sports Bar
	7:00pm	<b>Ladies Pool</b>	Sports Bar
	10:00am	<b>Gentle Moves</b>	Rec Room
THURSDAY	1:30pm	<b>Craft</b>	Dining Room
	4:00pm	<b>Billiards/Snooker &amp; Men's chat</b>	Sports Bar
	7:00pm	<b>Mahjong</b>	Dining Room
	10:30am	<b>Garden Group</b>	Garden Court
	1:30pm	<b>Movie Matinee</b>	Theatre Room
FRIDAY	2:00pm	<b>Darts</b>	Sports Bar
	4:00pm	<b>Ukulele</b>	Conservatory
	4:00pm	<b>Billiards/Snooker &amp; Men's chat</b>	Sports Bar
	7:00pm	<b>Movie</b>	Theatre Room
SATURDAY	9:30am	<b>Qi Gong</b>	Rec Room
	4:00pm	<b>Billiards/Snooker &amp; Men's chat</b>	Sports Bar
SUNDAY	5:00pm	<b>Happy Hour</b>	Sports Bar
	4:00pm	<b>Billiards/Snooker &amp; Men's chat</b>	Sports Bar
	4:00pm	<b>Billiards/Snooker &amp; Men's chat</b>	Sports Bar



### ANSWERS

#### Plus one

1st Line – Letter **A**. Steam, Abound, Replay, Grain  
 2nd Line – Letter **C**. Pitch, Scale, Recap, Crushed  
 3rd Line – Letter **R**. Trough, Furry, Borne, Regret  
 4th Line – Letter **O**. Foiled, Owing, Ovoid, Baron  
 5th Line – Letter **P**. Maple, Pears, Clasps, Speedy  
 6th Line – Letter **O**. Saloon, Limbo, Odour, Court  
 7th Line – Letter **L**. Flour, Learn, Blank, Model  
 8th Line – Letter **I**. Tirade, Ideal, Basis, Moist  
 9th Line – Letter **S**. Cosmic, Hiss, Sharp, Resign  
 Hidden landmark: **Acropolis**

#### Trivia

**1.** Omega **2.** 27 days (to be exact it takes 27 days, 7 hours, 43 minutes) **3.** Cricket **4.** Belfast **5.** 2 6. Three **7.** Your talk in your sleep **8.** North Korea – the Rungrado 1st of May Stadium with a capacity of 114,000 **9.** Oxygen **10.** 21 **11.** His mother **12.** Oman

### USEFUL CONTACTS

#### TRANSPORT & OTHER SERVICES

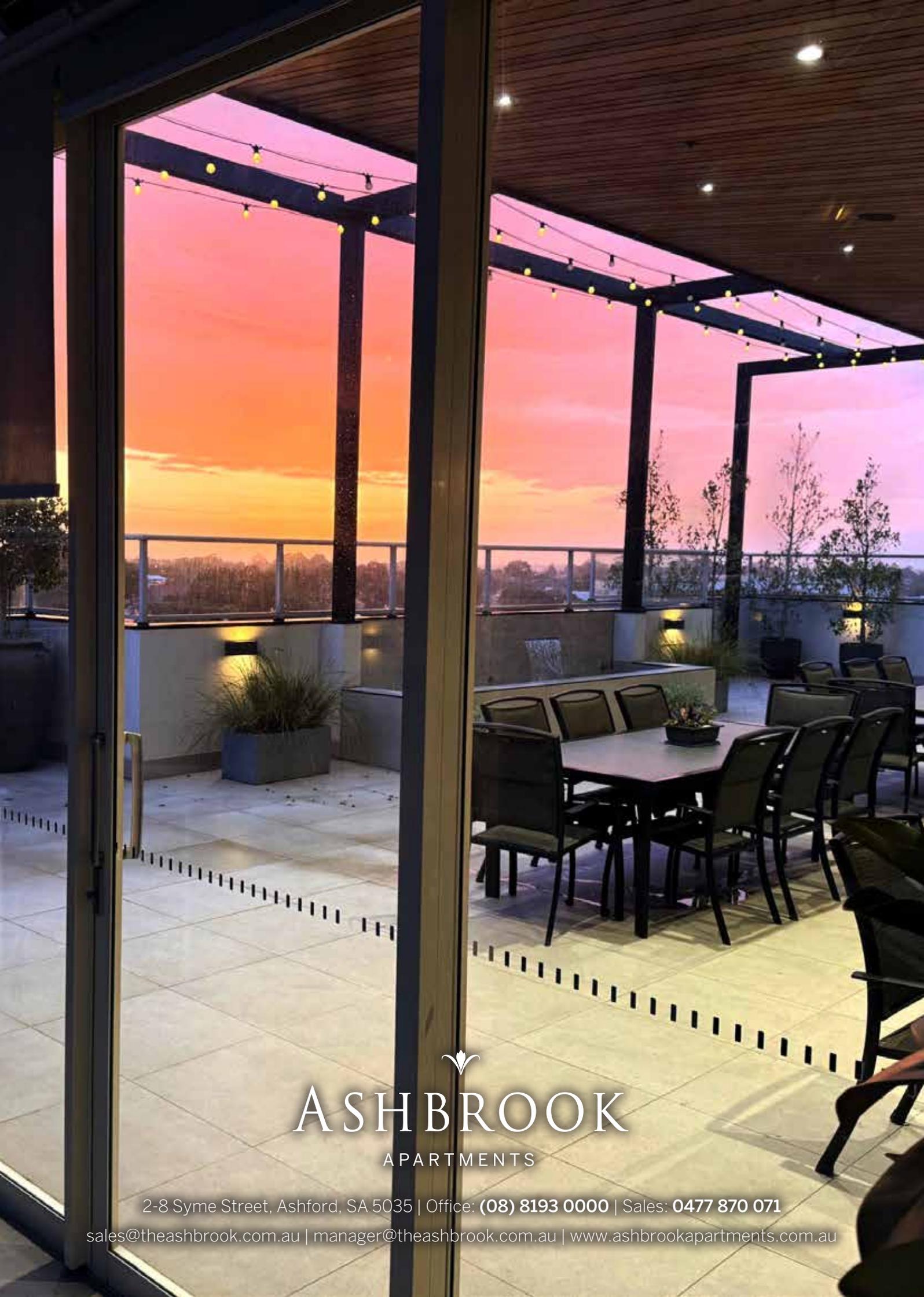
Suburban Taxis  
 ☎ **131 008** – Quote “VIP8807”

#### JP SERVICE

**HAMRA CENTRE LIBRARY**  
 1 Brooker Terrace, Hilton 5033  
 Monday to Friday, 10am – 4pm.  
 ☎ **(08) 8416 6228**  
 \*No appointment necessary, but please call ahead to ensure that a JP is present.

**MOBILE HAIRDRESSER**  
 Michelle ☎ **0416 058 097**

**ON-CALL DOCTOR**  
 ☎ **13SICK (137425)**  
 🌐 <https://homedoctor.com.au>



  
**ASHBROOK**  
APARTMENTS

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