



# ASHBROOK

APARTMENTS



*The Ashbrook News*

**SPRING 2025**



**Ashbrook Apartments**

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- BACK COVER Welcome to Spring



### THANK YOU!

Thanks again to those of you who have added to this seasons bumper edition! We welcome more tales on the theme "Remember when..." from any time in your life that is memorable to you in that time. We've all lead exciting, interesting lives, – please **share as much or as little as you want**

with us, as we would love to hear all about it! Send us tricks you have played on people and tricks they played on you. Destinations you've been to, places & events that hang in your memory from childhood, etc....

**Got an idea?  
Come and see us  
in the sales suite.**



### HAVE YOU GOT A PHOTOGRAPH WORTHY OF THE FRONT COVER?

Please pop into the sales suite or email your photo to [sales@theashbrook.com.au](mailto:sales@theashbrook.com.au)

### CAN YOU HELP US?

This is your newsletter and we welcome articles and reports on social events. **We are looking for a team to meet once a quarter and dedicate some time to share the load and**

**assist with the compiling of our quarterly Newsletters.** If you are interested or would like more information, please visit Carolyn in the Sales Suite (Monday to Wednesday). A little help will go a long way!

**Big THANK YOU to those who have kindly contributed to this edition!  
Without you there would not be a newsletter.**



Ian & Raelene Purdey celebrate Ian's Birthday.



## BIRTHDAY CELEBRATIONS

Happy Birthday Pat

90 years young!

Pat celebrated her special milestone birthday with fellow residents at Friday night cocktails.



Joan & Leo Amato celebrate their 55th Wedding anniversary with son Damian.



Janice Kimber is joined by family at Cocktail Hour.

## Men's Lunch



### THE ASHBROOK MEN'S LUNCH JULY 8, 2025

On Tuesday July 8, the third Men's Lunch for 2025 was held. As with the previous lunches the meals were prepared and served by several of the ladies who are residents and also members of the RFDS Adelaide Auxiliary.

On this occasion it became a trip down memory lane for a number of the men as they reminisced about times past when they went for a late-night snack at the Pie Cart by the Railway Station or next to the GPO. How did this happen? Well, the menu for the day was a choice of Pie Floater or Pork in Plum Sauce. For the local Adelaideans, the Pie Floater in delicious green pea soup crested by a generous dollop of tomato sauce made for fond memories, or in some cases, some less fond memories. The "new" South Aussies were

curious about the reputation of the iconic Pie Floater and indeed several were brave enough to tackle the unusual combination.

When served, the chaps were befuddled with the dilemma of "How do you eat a pie with a soup spoon?" and "How do you eat pea soup with a fork?". Being the great problem solvers they are, a number of solutions were soon found, and each person soon cleaned up their plate – smiles on faces and tummies full.

The other men tackled the Pork in Plum Sauce and they too were delighted with their meal.

Then came dessert; a choice between Sticky Date Pudding or Lemon Meringue Pie, either being served with Custard, Cream, or Ice-cream. Some fellows were undecided about

which condiment to have with their dessert, so they opted for all three!

As in the past, drinks were complimentary with the meal, and thanks to generous sponsors a good selection of wines were available to the men.

Overall, the day was a roaring success with lively conversations around the tables indicating the 20 attendees were very satiated and several headed home for a well-deserved siesta after the meal. Again, after costs for the provisions were taken out, several hundred dollars were donated to the RFDS. Many thanks to the men who attended the lunch and also the generous additional donations that were received.

RFDS Adelaide Auxiliary





SEROTONALS CHOIR Member's photo. Front Row, from left to right: Deb Jackaman, Karyn Gillard, Jo Geyer, Terri Rodriguez (little head sticking through) Carol Ausserlechner, Martha Rundle, Helen Preston  
Back row, from left to right: Jackie Illman, Jane Good, Penny Illman, Wendy Huezenroeder, Victoria Newbold, Anna Baulderstone, Elizabeth Stewien, Lesley Lyng. Jayne Baulderstone (not pictured) also performed.

## AN AFTERNOON OF ENTERTAINMENT AND ENJOYMENT

The Serotonals Choir are a group of ladies introduced to the Social Committee by Resident, Muriel Birkill. The group entertained Residents on Sunday 13th July in the Dining Room of Ashbrook Apartments. They sang a variety of songs that were familiar to all and encouraged everyone to sing along with them. Muriel, and group member, Victoria have been friends for many years.

Their performance was so much enjoyed by all residents attending, that the group's return has been requested for another afternoon of entertainment later in the year.

A donation to Catherine House from Ashbrook Social Committee along with the 2 couture hand bags filled with goodies will be safely delivered by group member Wendy. Wendy is a volunteer with the organisation. Hand bags were donated by Ashbrook Craft Group.



Lynette Whittaker with group members



## SOCIAL CLUB ACTION

- Every Friday **Happy Hour** every Friday night in the Sports Bar, family welcome.
- 9th June **Build a Hamburger** – Something different for a Monday evening meal to enjoy with fellow residents. Coordinated by Social Committee members..... hamburgers cooked to perfection by Neville Williams.
- 16th June **Hotel Lunch** "Earl of Leichester"
- 20th June **Cocktail Night** - Brandy Alexanders and Margaritas for everyone. Expertly "shaken not stirred" by Gayle Clarke.
- 13th July **The Serotonals**. Sunday afternoon entertainment. See photos page 6.
- 18th August **Luncheon** – "Rex Hotel"
- 29th August **Glitz & Glam Black-Tie Dinner**. See photos page 10



Serotonal Group Members with Muriel.



# Article of interest



Charles Todd wearing "bush clothes" on return of the Overland Telegraph Line construction.

B 6793, State Library of South Australia

## STORY OF CHARLES TODD

I joined the Sir Charles Todd Research Team in 2016. This team (4-6 people) has been sourcing and digitising the meteorological records of Charles Todd, S.A. Government Observer, (from 1855 to 1906), the S.A. Bureau of Meteorology records, and others. This has resulted in collecting a continuous record from 1836 to 1956.

Charles Todd was also the Superintendent of Telegraphs from 1855 to 1904 and laid the foundations of the telegraph and telephone network in S.A., connecting S.A. to the other Colonies and also to England.

At the same time, he was the Postmaster General from 1870 to 1904 and again laid the foundations of the postal network in S.A.

My contribution to the project has been capturing all the newspaper articles concerning Charles Todd from 1855 to 1910, using the Trove resource of the National Libraries of Australia. This has resulted in about 7,400 articles captured, corrected and saved.

While doing this I saw quite a few snippets of information about Todd that showed his whole life – family, professional, community, and sport.

This book is a compilation of articles that give a glimpse into his 50 years life as a Public Servant in S.A., after 14 years at the Greenwich Observatory, England.

Todd was a pioneer of Astronomy, Science, Technology, Engineering, and Mathematics, that has basically been forgotten.

Gavin Beinke



View of the General Post Office of Adelaide from Victoria Square. Old Post Office is situated on the right, circa 1880.

B4664, State Library of South Australia



King William Street looking north of Pirie Street with telegraph wires on poles, circa 1885.

B+72483/6/10, State Library of South Australia

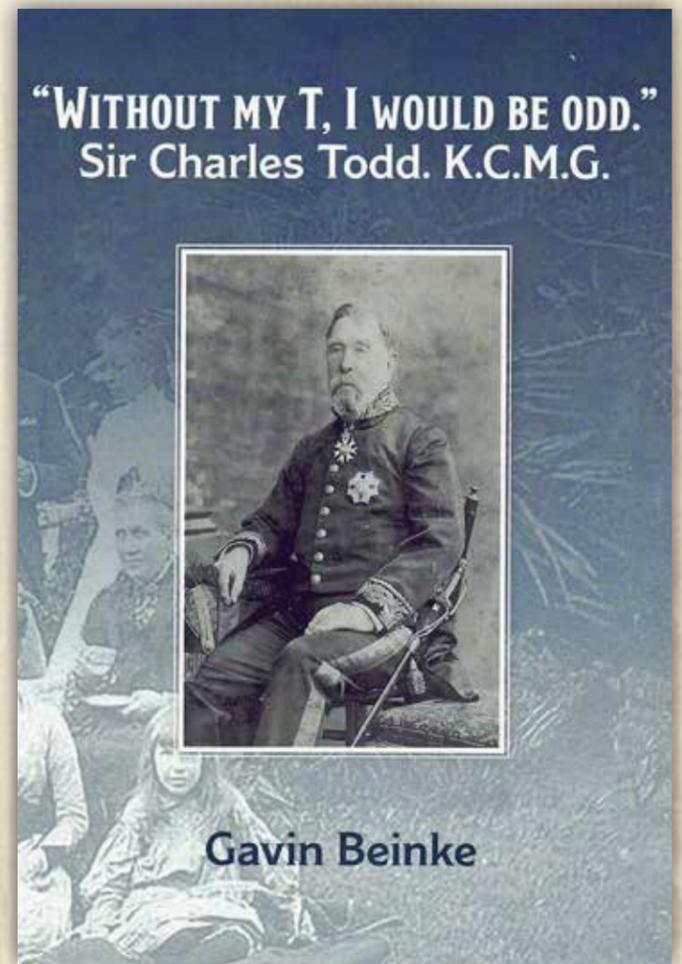


"Pioneers of Australian Meteorology" Adelaide Observatory with inset of Sir Charles Todd, K.C.M.G., M.A., F.R.S., etc.

Gavin Beinke is a retired farmer from Kimba, Eyre Peninsula. He has been a resident of Ashbrook Apartments for nearly 6 years, and his interest is in family and history research.



Gavin Beinke



"Without my T, I would be odd" is a collection of newspaper articles and images of Sir Charles Todd life of 500 pages with 120 images.

Copies of the book can be purchased from Openbook Howden for \$45 at

<https://openbookhowden.com.au/bookstore/product/sir-charles-todd/>





# Glitz & Glam

## FORMAL DINNER

On the 29<sup>th</sup> August the Glitz & Glam formal dinner was attended by about 60 residents who enjoyed Hors d'oeuvres and Champagne on arrival in the Sports Bar before being seated for dinner in the Dining Room. The men looked splendid dressed for the occasion in their formal attire and the ladies even more so in their evening wear and jewels. Residents were treated to a delightful meal of Prawn Cocktails, Roast Beef with seasonal vegetables and Chocolate Mouse and Berries. After dinner drinks of Baileys & Port were savoured by all and completed a most enjoyable evening.



# Glitz & Glam





# Afternoon tea

## SPRING BLOOM

Ashbrook Gardening Group kindly extended an invitation to all residents to join them for an afternoon tea in the courtyard garden, abundant with beautiful spring blooms.

Residents welcomed the opportunity to enjoy the warmth of a lovely spring day whilst indulging in a cup of tea or coffee accompanied by delicious scones, jam & cream... prepared and served by the group.

A big thank you to the gardening group for the work they do and for hosting a very pleasant afternoon enjoyed by all.



## INTERESTING FACTS ABOUT TULIPS

The Ashbrook Garden group, under the leadership of Sandra Elliot and the guidance of Josh, have been very active in creating our beautiful garden.

Their plantings for Spring this year included pansies, violas, primulas and tulips as well as a productive herb garden.

The volunteers help keep the courtyard tidy, prune the roses, some shrubs and maintain the garden beds in addition to manning the watering roster. Josh does the heavy lifting and keeps the hedges trimmed.

The group discovered that we currently have four faciated tulips flowering in our garden. It is usual for one tulip bulb to produce one flower. However, a faciated bulb can produce multiple flower buds which is rare in tulips.

According to Drewitts' nursery where these bulbs were purchased, the possible cause is by random genetic mutation or disruptive viral infection and they

advised that they have never before seen it in their stock.

Other interesting facts about Tulips:

- Tulips originated in Central Asia and were cultivated by the Turks during the Ottoman era.
- During the 1700's in The Netherlands, tulips fueled one of the most fascinating events in history, Tulip mania!!
- The demand for tulip bulbs

skyrocketed and they were traded at exorbitant prices. At one point a single tulip bulb could have been worth more than a house!

- Today there are over 3000 registered varieties of tulips.

Article by: Joan Amato, Gardening Group Member



# Properties for sale

## CENTRAL CITY FRINGE LIVING, AFFORDABLY YOURS....

Live in comfort in your own spacious apartment with private balcony, in elegant, lush surroundings.

heartbeat away from all local amenities, lively Adelaide City & Glenelg Beach, and having the reassurance of Ashford hospital nearby.

Live amongst a vibrant community of like-minded people, who like you, enjoy the finer things in life.

An Ashbrook Apartment can be yours from just \*\$625,000.

We invite you to experience all that The Ashbrook has to offer.

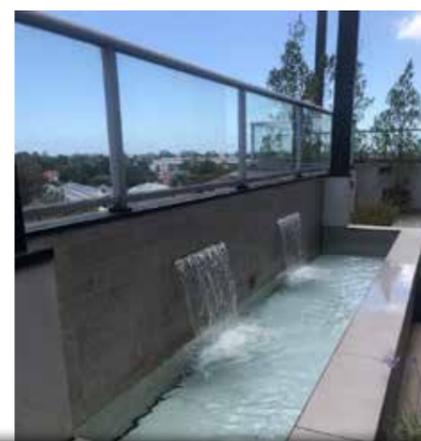
Live knowing you are just a

2 APARTMENTS  
CURRENTLY AVAILABLE:

**APARTMENT 2.22**  
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Both offer 2 Bedrooms & 2 Bathrooms – Spacious Living – Private Balcony and more!

**To book a no obligation tour with Carolyn, please call 0477 870 071 today.**  
You will not be disappointed.



## TWELVE MONTHS AT THE ASHBROOK

I moved in here on September 23<sup>rd</sup> last year, and it has been a year full of fun, new friends, laughter and lots of new experiences.

My ambassadors were Raelene and Ian Purdey and, after giving me a week to settle in, they came and welcomed me very warmly, told me what I could and couldn't do and left me with a great goodie basket. I thought what a great idea that is – being told where the herb garden is, and the green bin and lots of other things to which I hadn't given a thought. After all this time, I am still finding things.

Ian was also a great help when I put my name on the roster to help out behind the bar at Happy Hour. Once I had been shown where the supplies were kept, his best advice was 'don't drink the profits'. Excellent advice and I have refrained from doing so.

Happy Hour on Friday night is a great way of getting to know everyone. I think because we are all so relaxed it is easy to chat, share a joke, life history and other helpful – or not – information about ourselves and our experiences here. The raffle prizes are always fun – the chocolates are always very popular, and it is a good way of raising a bit more money.

I have loved the bus trips. The first one I went on was to Mannum. It was a perfect day, went past my childhood home and school on the way home, and many of us enjoyed some retail therapy



at lunch time. Raelene and the Social Committee, in conjunction with Graham from Run-a-Muck Tours, has organised some good trips for us this year including the Christmas lights at Lobethal. I have lived in South Australia all my life and 2024 was the first time I had seen them.

There have also been some good concerts. One of the first I went to was Spirit of Swing where I introduced myself to those present by performing to one of the tunes they played. They will be here again soon, and I won't be dancing this time. My friend Tim Barton a pianist from Chicago performed here and will be back again in November. I really look forward to all the concerts as they are a great way of seeing and hearing performers without having to get the car out and go somewhere else.

I love the security here. My son very kindly told me that he liked me being on the second

floor, no-one would bother to climb up that far to get to me. I wasn't quite sure how to take that, but I think he was meaning that I wouldn't be burgled! But to know that if something needs attention, I only have to put it in the book and Josh will be around to mend whatever it is.

So, with a new home which still needs some unpacking, new friends, new experiences, I am very happy and glad I made the change.

Rose Miller – Apartment 2.18



## Social Calendar

ASHBROOK APARTMENTS SOCIAL CALENDAR SEPTEMBER 2025			
FRI, SEP 6	2.00pm	Tea & Scones	Courtyard Garden
FRI, SEP 6	5pm-6.30pm	Happy Hour	Sports Bar
FRI, SEP 12	5pm-6.30pm	Happy Hour & Raffle	Sports Bar
SUN, SEP 14	3.00pm	Grand Piano Musical Recital with Joshua	Dining Room
FRI, SEP 15	12noon	Residents BBQ	Conservatory
FRI, SEP 19	5pm-6.30pm	Happy Hour	Sports Bar
FRI, SEP 26	5pm-6.30pm	Happy Hour	Sports Bar
SAT, SEP 27	1.00pm	Pre-game Entertainment	Sports Bar
	2.00pm	AFL Grand Final	Sports Bar
SUN, SEP 28	3.00pm	Walk Right In 2-person Band 50' & 60's music	Dining Room

REGULAR WEEKLY ACTIVITIES			
DAY	TIME	ACTIVITY	LOCATION
MONDAY	10:00am	Keep Fit	Rec Room
	2:00pm	Bingo (last Monday of the Month)	Dining Room
	2:00pm	Darts	Sports Bar
	4:00pm	Book and Film Club (second Monday of the Month)	Dining Room
	4:00pm	Billiards/Snooker & Men's chat	Sports Bar
TUESDAY	7:00pm	Bridge	Dining Room
	10:30am	Coffee & Chat – All welcome!	Sports Bar
	12:30pm	Board Games/Cards	Dining Room
	2:00pm	Mahjong	Dining Room
	4:00pm	Billiards/Snooker & Men's chat	Sports Bar
WEDNESDAY	7:00pm	Ladies Pool	Sports Bar
	10:00am	Gentle Moves	Rec Room
	1:30pm	Craft	Dining Room
	4:00pm	Billiards/Snooker & Men's chat	Sports Bar
	7:00pm	Mahjong	Dining Room
THURSDAY	10:30am	Garden Group	Garden Court
	1:30pm	Movie Matinee	Theatre Room
	2:00pm	Darts	Sports Bar
	4:00pm	Ukulele	Conservatory
	4:00pm	Billiards/Snooker & Men's chat	Sports Bar
FRIDAY	7:00pm	Movie	Theatre Room
	9:30am	Qi Gong	Rec Room
	4:00pm	Billiards/Snooker & Men's chat	Sports Bar
SATURDAY	5:00pm	Happy Hour	Sports Bar
	4:00pm	Billiards/Snooker & Men's chat	Sports Bar
SUNDAY	4:00pm	Billiards/Snooker & Men's chat	Sports Bar

### USEFUL CONTACTS

#### TRANSPORT & OTHER SERVICES

Suburban Taxis  
☎ 131 008 – Quote "VIP8807"

#### JP SERVICE

**HAMRA CENTRE LIBRARY**  
1 Brooker Terrace, Hilton 5033  
Monday to Friday, 10am – 4pm.  
☎ (08) 8416 6228  
\*No appointment necessary, but please call ahead to ensure that a JP is present.

#### MOBILE HAIRDRESSER

Michelle ☎ 0416 058 097

#### ON-CALL DOCTOR

☎ 13SICK (137425)  
🌐 <https://homedoctor.com.au>



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