

ASHBROOK

APARTMENTS



The Ashbrook News

SUMMER 2022



Ashbrook Apartments 2-8 Syme Street, Ashford, SA 5035

Office: (08) 8193 0000 | Sales: 0477 870 071

Welcome to The Ashbrook!

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BACK COVER Christmas lunch



THANK YOU!

Thanks again to those of you who have added to this seasons bumper edition! We welcome more tales on the theme "Remember when..." from any time in your life that is memorable to you in that time. We've all lead exciting, interesting lives, please share as much or as little as you want with us, as

we would love to hear all about it! Send us tricks you have played on people and tricks they played on you. Destinations you've been to. places & events that hang in your memory from childhood, etc....

Got an idea? Come and see us in the sales suite or let Lorna or Muriel know.



HAVE YOU GOT A PHOTOGRAPH WORTHY OF THE FRONT COVER?

Please pop into the sales suite or email your photo to sales@theashbrook.com.au

CAN YOU HELP US?

This is your newsletter and we welcome articles and reports on social events. We are looking for a team to meet once a quarter and dedicate some time to share the load and little help will go a long way!

assist with the compiling of our quarterly Newsletters.

If you are interested or would like more information, please visit Carolyn in the Sales Suite (Monday to Wednesday). A

Big THANK YOU to those who have kindly contributed to this edition! Without you there would not be a newsletter.





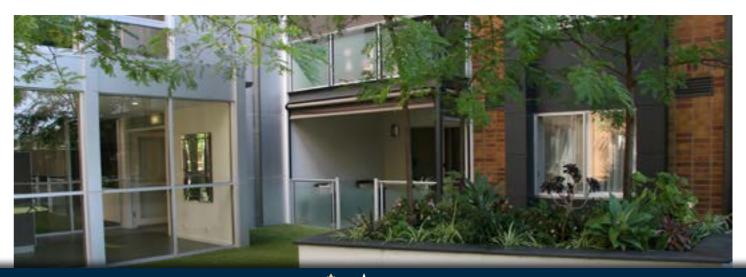
SING AUSTRALIA ENTERTAINED!

On 22nd November, residents welcomed a small contingent of singers from the Glenelg group of Sing Australia, in total they currently have 160 members! The philosophy of Sing Australia is that you are

ears to sing in any way you are able. They believe that singing is for everybody who has a voice - it's a primal expression connecting us to each other, our history, our stories, our struggles, our memories and welcomed with open arms and our future hopes. Every voice

is beautiful and is cherished in Sing Australia.

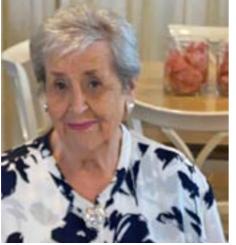
Residents were encouraged to join in with the singing, which they did with gusto! An entertaining afternoon followed by afternoon tea shared with the singers.





MELBOURNE CUP HORSE RACING AND COSTUMES













CHRISTMAS CRAFT FAIR

The cake was raffled – winner and friends took the opportunity was Ashbrook Resident, Thekla Ganser.

Many residents, their families Funds raised from the Craft appreciated.

to visit and bag a bargain, enjoy a BBQ, a cuppa and a chat.

Fair was donated to chosen charities. The effort of all who contributed to making this such a successful event very much

VIOLIN RECITAL FOR ASHBROOK RESIDENTS

On Sunday November 6th 30 residents gathered in the dining room for a musical recital, presented by Luca Shin - accompanied by Lillian Camphausen. Luca is a very gifted 14-year-old violinist, who will shortly be sitting for his Associate of Music diploma exam.

Lillian, who is a very talented pianist, is remembered as having brought and accompanied the delightful Gina, an up-andcoming classical bassoonist who performed for us in May last year.

Luca's presentation included background information about the composers of his music and details of the works. This presentation will be an essential part of his examination. Both Luca and Lillian were thrilled to be able to play a performance with alive audience prior to the examination. Works were by Vivaldi, Mozart, Sarasate and Debussy.

We were excited to hear that Luca has just won the Reimann-Robinson Scholarship Prize, a competition run by the Music Teachers Association of SA for al instrumentalists under 18 (Luca is 14!1); a great achievement and credit to him and his teacher, Wendy Heiligenberg.

The event concluded with afternoon tea, during which time residents were able to speak with Luca and Lillian.

Festivities at Ashbrook





Residents Ashbrook Apartments were invited by Management to join them for Christmas Drinks, nibbles and a BBQ in the Sky Atrium. It was yet another opportunity to get together for a few hours of good company, fun and conversation. We were very pleased, soon to be residents, **Bruce & Athalie** and Anne were able to join us, as well as our newest Residents Viv & Carolyn.



















REFER & WIN

Refer a friend or family member to The Ashbrook and you both will benefit from our exciting reward program!

If the person you refer secures an apartment and becomes an Ashbrook Resident we will reward you with a \$300.00 Westfield Gift Card.

PLUS

\$200.00 of restaurant credits to be used for dining or a catering function in our restaurant at The Ashbrook.

Your friend/new resident will also receive the same reward. A \$300.00 Westfield Gift Card plus \$200.00 of restaurant credits.



WHAT A GREAT WELCOME GIFT!

The Voucher will be paid within 30 days of the Settlement of the apartment. It cannot be exchanged for cash and must be used within the time frame specified in the Voucher.

The referral nomination form and acceptance referral must be completed in full prior to the first visit to The Ashbrook and signed and dated by the sales department.

REFERRAL NOMINATION FORM

This section is to be completed by the person referring the client.

REFERRER	New Client □Mr □Mrs □Ms
Address	Address
Home phone	Home phone
Email address	Email address

I have checked with Ashbrook Sales that the client is not already on the Ashbrook database.

Signature:	Date:	
3181141414.	Dutc.	

New residents

WHY I CHOSE ASHBROOK APARTMENTS

Hello, my name is Carolyn Price and I have just moved into Apartment 120.

Moved in is probably a misnomer as it is best described as a work in progress. Before my husband and I moved to the country, we lived in Cowandilla and watched the construction of Ashbrook Apartments, not ever thinking that in the future we would consider a home here. Never say never!

At this point, we have our place in the country still, so it is me who mostly will be here.

Apartment 120 popped up on the downsizing site very soon after I began looking and I would suggest that fate stepped in and Ashbrook found me rather than the other way round. Immediately the apartment ticked many boxes such as a wonderfully central location, secure environment and the added benefits of tasteful and spacious communal areas, light filled corridors and lift access to undercover parking. Beyond one's personal apartment space there are many areas to enjoy from the library reading room to the roof top garden and conservatory and I am looking forward to spending time doing so.



I really like the classic and elegant design of my apartment and have a superb view of the treetops from the bay window in the master bedroom of ample proportions!

Without exception, no-one I have met so far has anything but the most positive things to say about living here. The atmosphere is very congenial and I have felt most welcome which I appreciate enormously.



Properties for sale





LUXURY RETIREMENT LIVING - WELCOMING COMMUNITY

- Apartments starting from \$570,000 - Secure, caring environment
- Reassuring 24/7 Emergency Care Assist
- Great City Fringe location with public transport on your doorstep



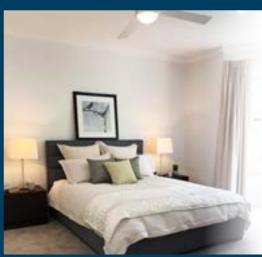
= 2 **6**2 **■**1 \$570,000 Sought after ground floor location - Direct access to interior courtyard garden.



ashbrookapartments.com.au

A3 **A**1.5 **A**2 \$695,000 Much in demand – Spacious 3bedroom apartment with study nook and private balcony.

Viewing is highly recommended! Call Carolyn 0477 870 071 Today to arrange a private viewing and tour!



ASHBROOK

APARTMENTS

Luxury Retirement Living

Featuring generous floorplan, ample storage

- · Come and join a vibrant community of like-minded people
- · Secure and friendly environment with helpful staff on hand
- Comfort in knowing Emergency Assistance is available when needed
- Superb city fringe location with Ashford Hospital on your doorstep

Viewing Highly Recommended



We welcome your call on 0477 870 071 • 2-8 Syme Street, Ashford SA 5035 • ashbrookapartments.com.au



PAVLOVA WITH BERRY COMPOTE

A classic Aussie dessert, this METHOD beautiful meringue is divine 1. Preheat oven to 150°C. Line topped with a sweet berry compote to create a brilliant pavlova.

10 mins preparation 1 hr 20 mins cooking Serves 8

INGREDIENTS

- 4 egg whites
- 3/4 cup caster sugar
- 1 teaspoon lemon juice or
- 1/2 teaspoon vanilla extract
- 300 millilitre whipped cream
- Berry compote
- 2 tablespoon sugar
- 1 tablespoon water
- 250 gram mixed berries
- 1 tablespoon cointreau liqueur

- an oven tray with baking paper.
- 2. Using an electric mixer, beat egg whites until soft peaks form. Gradually add sugar, 1 tablespoon at a time, beating well until sugar dissolves and foam is thick and glossy. Beat in juice and vanilla.
- 3. Spoon mixture onto prepared tray, spreading to form a 20cm round with a slight recess in the middle. Bake 20 minutes.
- 4. Reduce oven to 120°C. Bake a further 55-60 minutes. Let cool in turned off oven with door ajar.
- 5. Place pavlova on a serving platter. Fill cavity with whipped

cream. Top with berry compote. Serve in wedges.

- 6. In a frying pan over medium heat, stir sugar and water until sugar dissolves. Bring to the boil. Add half the fruit and simmer 2-3 minutes.
- 7. Add liqueur and remaining fruit. Simmer 2-3 minutes, until fruit is just softened.

NOTES

Try using verjuice in place of lemon juice or vinegar for a delicious, lemony flavour. To achieve the best volume of foam, it is very important that the bowl and beaters are clean and dry.

Source: https://www. womensweeklyfood.com.au/recipes/ pavlova-with-berry-compote-15759



Quiz page

MULTIPLE MEANINGS

Each set of words below contain three clues for different meanings of the same word. Can you work out which word each set of clues describes?

- Oval fruit, number on a calendar, go out with
- Man's name, honest, footy---, sausage
- Not sharp, forthright, reduce the force of
- Instance, piece of luggage, legal action
- · Light rainfall, bathroom fixture, party for a baby

TRIVIA QUIZ

- 1. Prior to becoming the actual president of Ukraine in 2019, Volodymyr Zelensky played the Ukrainian president in which TV series?
- 2. What continent is subjected to the world's largest ozone hole?
- to make a Cosmopolitan?
- 4. In nautical terms, what is the opposite of windward?
- 5. The ethmoid bone is located in which part of the body?
- 6. Who is the only fictional 16. The haugh unit is used in character to have an obituary in The New York Times?
- 7. What was the name of the crossing point between East Berlin and West Berlin?
- name?
- 9. Which vitamin is also known as pantothenic acid?
- 10. Yoweri Museveni became

- in 1986m a title still held to this day?
- 11. What is the Iditarod Race?
- 12. Dothraki and Valyrian are which TV show?
- 13. Howmany zeros are in a trillion?
- 3. Which two fruit juices are used 14. Which city is scheduled to 2024 (for the third time)?
 - 15. Macaroni, Yellow-eyed and Chinstrap are all species of what?
 - relation to what type of food?
 - Revolution end?
 - best-known Berlin Wall 18. Lateral Epicondylitis is a condition commonly known by what name?
- 8. What is Mel Gibson's middle 19. How often does something happen if it's described as auotidian?
 - 20.In which game or sport would you say 'J'adoube?

- president of which country 21. What is the only bird included in the 12 animals of the Chinese zodiac?
 - 22. How many planets in our solar system have moons?
- fictional languages from 23. Which planet has the most moons?
 - 24. What is the largest island in the Caribbean?
- host the Olympic Games in 25. Who was the only member of the Monty Python comedy troupe who was born in the USA. not Britain?
 - 26. The Pulitzer Prize is most associated with which profession?
- 17. When did the French 27. Who was the last president of the Soviet Union?
 - 28. Which supercar did Magnum PI drive?
 - 29.29 What was the subtitle of the 2018 seguel to the film musical Mamma Mia?
 - 30.What occurs once in a minute, twice in a week and once in a year?

Multiple Meanings Answers: Date 2. Frank 3. Blunt 4. Case 5. Shower

We Go Again. 30: The Letter E.

22: Six. 23: Saturn. 24: Cuba. 25: Terry Gilliam. 26: Journalism. 27: Mikhail Gorbachev. 28: Ferrari. 29: Here Thrones. 13: 12. 14: Paris. 15: Penguin. 16: Eggs. 17: 1799. 18: Tennis Elbow. 19: Daily. 20: Chess. 21: Rooster. 6: Hercule Poirot. 7: Checkpoint Charlie. 8: Columcille. 9: B5. 10: Uganda. 11: Dogsled race. 12: Game of **Trivia Quiz Answers.** I: Servant of the People. 2: Antarctica. 3: Cranberry and lime. 4: Leeward. 5: Skull.

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Lyssyll W			77.
ASH	BROOK A	PARTMENTS SOCIAL CALENDAR DECE	MRED 2022
FRIDAY 2 ^{NE}		Happy Hour	Sports Bar
WEDNESDAY 7TH		Management Christmas Drinks	Level 4
FRIDAY 9TH		Happy Hour	Sports Bar
SUNDAY 11TH		Ethan Hall in Concert. Gold coin donation	
FRIDAY 16TH		Happy Hour	Sports Bar
FRIDAY 23RD		Happy Hour	Sports Bar
SUNDAY 25TH		Christmas Day	0
FRIDAY 30TH		Happy Hour	Sports Bar
SATURDAY 31 ST		New Years Eve. Join us for fun and festi	
DAY	TIME	ACTIVITY	LOCATI
© 🗼		REGULAR WEEKLY ACTIVITIES	-
355	10:00am	Keep Fit	Rec Room
		Bingo (last Monday)	Dining Room
	4:00pm	Book and Film Club (second Monday)	Dining Room
	4:00pm	Billiards	Sports Bar
•	7:00pm	Bridge	Dining Room
	10:00am	Art Group	Art Room
	2:00pm	Mahjong	Dining Room
UESDAY	3:00pm	Carpet Bowls	Rec Room
		Billiards	Sports Bar
		Ladies Pool	Sports Bar
	10:00am	Gentle Moves	Rec Room
WEDNESDAY	1:30pm		Dining Room
		Billiards	Sports Bar
		Mahjong	Conservatory
		Movie Matinee	Theatre Roor
		Billiards	Sports Bar
THURSDAY		Ukulele	Level 4
7:	7:00pm		Theatre Roor
		Table tennis for all	Rec Room
FRIDAY		Qi Gong	Rec Room
		Rummikub	Dining Room
		Billiards	Sports Bar
6.		Happy Hour (limited seating)	Sports Bar
SATURDAY		Billiards	Sports Bar
Sunday	4:00pm	Billiards	Sports Bar

USEFUL CONTACTS

TRANSPORT & OTHER SERVICES

Suburban Taxis **131 008** - Quote "VIP8807"

IP SERVICE HAMRA CENTRE LIBRARY

1 Brooker Terrace, Hilton 5033 Monday to Friday, 10am - 4pm.

(08) 8416 6228

*No appointment necessary, but please call ahead to ensure that a JP is present.

MOBILE HAIRDRESSER

Michelle **0416 058 097**

ON-CALL DOCTOR

13SICK (137425)

https://homedoctor.com.au

